

## THE LANESBOROUGH CLUB & SPA, LONDON'S FINEST HEALTH, WELLNESS & LIFESTYLE MEMBERS' CLUB



*April 2024* – Commanding an enviable central London location straddling prestigious Belgravia, Knightsbridge, and Mayfair, The Lanesborough Club & Spa is one of the capital's finest health & lifestyle clubs. Offering a truly all-encompassing, 360° approach to wellbeing, it prides itself on partnering with global, pioneering brands and experts in the fields of health, fitness, and beauty. Brand-new for Spring 2025, The Lanesborough Club & Spa is delighted to announce an exclusive new treatment with spa partner, Royal Fern – a revolutionary plant-based discovery in skincare founded by world-renowned dermatologist, Dr. Timm Golueke.

### THE ROYAL FERN – PROTECTING CELLS FOR OVER 400 MILLION YEARS

The Royal Fern is a venerable master of survival, having existed on this planet for over 400 million years. The plant has withstood drastic climate changes and natural disasters while steadily conquering new habitats on every continent. Through it all, it has remained an evergreen, extremely resistant to UV radiation and environmental pollution, and a veritable moisture reservoir, with its fronds and roots used in many cultures for natural remedies. At the cutting-edge of cosmetic science, it was while reading through medical journals that renowned dermatologist, Dr. Timm Golueke, came across a study that sparked his interest. The study examined the use of fern extracts in the complementary treatment of melanoma patients – with encouraging results. *Royal Fern* was therefore founded to provide healthy, radiant, and protected skin for every skin type. Through Dr. Timm's expertise, every product reflects the philosophy to deliver short- and long-term results for modern skin needs, backed by science. The patented Royal Fern Complex is the heart of the products; a highly anti-oxidative, anti-inflammatory, and collagen-boosting elixir.

### A Moment of Clean, Green Calm in the Heart of Central London at The Lanesborough Club & Spa

Partnering for the very first time with The Lanesborough Club & Spa, Royal Fern will offer an exclusive experience featuring the Signature Royal Fern Treatment, alongside the newly launched Tri Active Peel Technology. Available to reserve from 22<sup>nd</sup> April 2025, this luxurious treatment is designed to deeply cleanse and resurface the skin, with minimal downtime, leaving your complexion glowing, refreshed, and revitalized. Offered in two time-based options, this indulgent experience promises a moment of clean, green calm in the heart of Central London.

#### On the Go Glow – 30 mins

Revitalize your complexion in just 30 minutes with our On the Go Glow facial. Using advanced Tri Active Peel technology, this treatment brightens, smooths, and refines your skin. Powerful ingredients work to exfoliate dead skin cells, accelerate cell turnover, and reveal your natural radiance. This facial includes a deep cleanse and resurfacing treatment, offering minimal downtime, so you'll leave glowing and ready to take on the day.

*Priced at £120 the On the Go Glow Treatment is available for 30 minutes*

### **Glowing Radiance – 60 mins**

Illuminate your complexion with the transformative Glowing Radiance facial. Using advanced Tri Active Peel technology, this treatment works to brighten, smooth, and refine your skin. A blend of powerful ingredients breaks down dead skin cells and boosts cell turnover, unveiling your skin's natural radiance. The facial includes a deep cleanse and resurfacing, followed by a firming and lifting massage to stimulate facial muscles. With minimal downtime, you'll be left with a brighter, tighter, and more youthful glow.

*Priced at £200 The Glowing Radiance Treatment is available for 60 minutes*

### **The Signature Royal Fern Treatment – 60 or 90 mins**

A luxurious experience, the facial treatment will encourage a youthful, sculpted, and firmer appearance dubbed the famous 'Royal Fern Radiance'. Harnessing the anti-aging and antioxidative powers of the fern plant, the facial combines stimulating massage techniques that lift, drain, and sculpt with personally selected Royal Fern products adapted to each individual skin type. A facial massage will be complemented by sculpting microcurrent and EMS technology and to ensure a noticeably lifted appearance, in addition to amplifying the active ingredients' absorption deep into the skin with extra soothing properties to help define, calm, and nourish the skin while promoting cell regeneration, improved texture, and healthy radiance. The facial also releases tension and stimulates lymphatic drainage, to de-puff the face.

*The Signature Royal Fern Treatment is available for 60 minutes (£190) and 90 minutes (£250). The 90-minute protocol includes face, neck, shoulder, and scalp massage.*

For more information, please visit [www.lanesboroughclubandspa.com/spa-brands/royal-fern/](http://www.lanesboroughclubandspa.com/spa-brands/royal-fern/)

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### **About The Lanesborough Club & Spa**

The Lanesborough Club & Spa launched in March 2017, marking the next stage of the iconic Lanesborough Hotel's evolution following an acclaimed relaunch in July 2015. The Club & Spa is one of London's most exclusive private members' fitness and health clubs, providing Belgravia with a luxury 'club for life' and offering a 360° approach to wellbeing for modern-day Londoners living and working in the local area.

### **About The Lanesborough**

With its enviable location at the heart of London in prestigious Knightsbridge, and panoramic views of Hyde Park, The Lanesborough has long been considered one of the world's most luxurious hotels. The hotel's legacy lies with it having been built on the former home of Viscount Lanesborough and remains one of London's most revered Regency landmarks. The elegant surroundings, exquisite cuisine, unsurpassed attention to detail and world-renowned service is second to none. The Lanesborough captures the sense of a grand residence and offers 93 guest rooms, including 43 suites, and a personal butler service for all guests across all room categories.

## About Royal Fern

Royal Fern was founded by worldwide renowned dermatologist, Dr Timm Golüeke to provide a healthy, radiant, and protected skin for every skin type. Through his expertise in his daily work at the clinic, every product reflects the philosophy to deliver short- and long-term results for modern skin needs – backed by science. The patented Royal Fern Complex is the heart of the products and combines several benefits for the skin. The complex is highly anti-oxidative, anti-inflammatory and collagen boosting.

## OETKER COLLECTION

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